

Press release

“Addressing rising incidence of Non-Communicable Diseases”

The State Development Policy Council organised a workshop on the incidence of Non-Communicable diseases and its impact on 12.01.2021 under the chairmanship of Hon'ble Vice Chairman, SDPC. In the meeting, the major causes for the rise in incidence of Non-Communicable Diseases and prevention strategies thorough allopathic, naturopathy and Nutrition and healthy diet were discussed. The workshop discussions were conducted through online meeting platform.

Thiru Anil Meshram I.A.S., Member Secretary of the State Development Policy Council welcomed the participants and briefly explained the objectives of the meeting. He expressed his concern over the increasing burden of NCDs on the individual's financial status as well as on the economic performance of the State.

Dr. Jerard Selvam, Joint Director (Health Education Bureau) and State Nodal Officer for NCD from National Health Mission spoke on the risk factors, Interventions and Challenges of Non Communicable Diseases.

Prof (Dr.) N. Manavalan, Joint Director, Directorate of Indian Medicine & Homeopathy; Principal, Yoga and Naturopathy Medical College& Hospital , Chennai, explained the role of Yoga & Naturopathy as a comprehensive approach in Prevention and Management of NCDs.

Tmt. Rekha Deenan, expert on Health and Nutrition, spoke on the importance of healthy diet and Nutritional foods for preventing and managing NCDs.

The presentations were followed by discussions in which eminent experts from the field such as Dr. V.Shanta, Chairman, Cancer Institute (WIA), (Former Member (Health), State Development Policy Council) and Dr. S. Vijaya, Director, Government Institute of Obstetrics and Gynecology participated and shared their views .

Following the discussions the Hon'ble Vice Chairman, State Development Policy Council observed that Tamil Nadu is experiencing a demographic transition due to low fertility rate, low mortality rate, increase in average life expectancy which is resulting in increase in proportion of elderly above 60 years of age. He opined that it is important to recognize the epidemiologic transition happening in Tamil Nadu and in the world as well and it is imperative to develop appropriate interventions to promote a healthy lifestyle among people, to deliver good health care systems so as to ensure good health of the State's population and to reach a stage comparable to that of developed countries.

The Suggestions and recommendations of the Workshop will be sent to Government for its consideration. The Head of Division (FAC) Health and Social Welfare Division, State Development Policy Council thanked the presenters and participants.

State Development Policy Council

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