



ABSTRACT

Social Welfare and Nutritious Meal Programme Department - Integrated Child Development Services Scheme - Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (RGSEAG) - SABLA - Implementation of Non-Supplementary Nutrition Component - sanction of ₹2,61,06,980 for the year 2014-2015 - Orders - Issued.

Social Welfare and Nutritious Meal Programme (SW7-2) Department

G.O (Ms) No.52

Dated:16.10.2014

திருவள்ளூர் மாவட்டம் 2045
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Read:

- 1 G.O.(Ms) No.104, Social Welfare and Nutritious Meal Programme (SW7-2) Department, Dated 18.12.2013.
- 2 Letter received from the Government of India, Ministry of Women and Child Development, F.No.6-5/2014-RGSEAG, Dated 28.07.2014.
- 3 Letter received from the Director, Integrated Child Development Services Scheme Roc. No.3128/Trg/2014, Dated 03.09.2014.

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ORDER:-

Government of India have launched a new scheme during the year 2010-2011 called Rajiv Gandhi Scheme for Empowerment of Adolescent Girls -SABLA (RGSEAG) to address the multi-dimensional problems of Adolescent Girls using the platform of Integrated Child Development Services Scheme. The target group of the scheme are the adolescent girls of age between 11 and 18 years (both school going and out of school girls).

2. The two components of the Rajiv Gandhi Scheme for Empowerment of Adolescent Girls - SABLA are Supplementary Nutrition Component and Non Supplementary Nutrition Component. The item wise unit cost of the Non - nutrition component per year / project as provided in the Government of India guidelines are as follows:

Sl. No.	Name of the item	Amount ₹
1	Training kit per Anganwadi Centre @ ₹1000 per Anganwadi Centre	1,50,000
2	Life Skill Education including Information Education Communication	50,000
3	Training for Sakhi/Saheli	40,000
4	Nutrition and Health Education (NHE) Component including Information Education Communication and Guidance on accessing public services	30,000
5	Vocational Training	30,000
6	Miscellaneous expenditure (Transportation, Celebrating Kishori Diwas, etc.)	30,000
7	Others (Printing of health cards / registers / utensils, etc.)	30,000
8	Cost of providing IFA (where IFA is not supplied by health dept.)	20,000
	Total	3,80,000

(Total allotment ₹3,80,000 X 139 Projects = ₹5,28,20,000)

3. As per Government of India guidelines, the activities to be provided under Non Supplementary Nutrition Services under Rajiv Gandhi Scheme for Empowerment of Adolescent Girls - SABLA Scheme are as follows:
- ❖ Supplying two adult Iron and Folic Acid (IFA) tablets per week to out - of - School Girls through Convergence with Health Department through National Rural Health Mission (NRHM). If IFA tablets through NRHM are not possible, IFA tablets may be procured by the Integrated Child Development Services Scheme Departments.
 - ❖ Health check up once in three months, in collaboration with Auxiliary Nurse Mid Wife (ANM) and other functionaries, recording of Height, Weight and Body Mass Index (BMI) of Adolescent Girls on Kishori Cards during Kishori Diwas.
 - ❖ Nutrition and Health Education (NHE) for all Adolescent Girls attending Anganwadi Centres.
 - ❖ Guidance on Family Welfare, Adolescent Reproductive and Sexual Health, Child Care Practices and Home Management.
 - ❖ Life Skill Education and Accessing Public Services through Department of Youth Affairs

❖ Vocational Training (for girls aged 16 and above) through National Skill Development Programme (NSDP) of Ministry of Labour and Employment

4. In the Government order 1st read above, a sum of ₹261.07 lakh was sanctioned to impart training and other activities under the Non-Supplementary Nutrition Component of SABLA for the year 2013-2014 and the Director, Integrated Child Development Services Scheme has sent necessary Utilization Certificate to Government of India stating that a sum of ₹261.07 lakh was utilized under Non-Supplementary Nutrition Programme for SABLA.
5. In the letter 2nd read above, Government of India have released a sum of ₹261.07 lakh as first installment of Grants-in-aid to Tamilnadu during 2014-2015 for Non-Supplementary Nutrition provision under Rajiv Gandhi Scheme for Empowerment of Adolescent Girls-SABLA.
6. In the letter 3rd read above, the Director, Integrated Child Development Services Scheme has sent the proposal to sanction a sum of ₹2,61,06,980 to impart training and other activities in 9 SABLA districts @ ₹1,87,820 per project at the total cost of ₹2,61,06,980 for 139 projects which are detailed below:-

Sl. No.	Name of the item	Amount ₹
1	Life Skill Education including IEC	47,850
2	Training for Sakhi/Saheli	40,000
3	Nutrition Health Education Component including IEC & Guidance on accessing public services	29,970
4	Vocational Training	30,000
5	Miscellaneous expenditure (Transportation, Celebrating Kishori Diwas, etc.)	15,000
6	Others (Printing of health cards / registers / utensils, etc.)	25,000
	Total	1,87,820

The detailed activities are as follows:-

Formation of Kishori Samooch (புதுமணி குழு)

As per Base Line Survey, there are 8,11,172 Adolescent Girls in a SABLA districts through 16,572 Anganwadi Centres, Kishori Samoochs have been formed at each Anganwadi Centre and one Sakhi and two Sahelies (peer group leaders/facilitators) in each group have been selected. Their total number (1 Sakhi & 2 Sahelies) constitutes 49,716 Nos.

a. Life Skill Education including IEC (₹47,850 per project x 139= ₹66,51,150)

A sum of ₹47,850 per project has been allotted for life skill education. Under this intervention, the Adolescent Girls selected at project level would be given 5 days training which includes confidence building, developing self awareness and self-esteem, decision making ability, capacity building for critical thinking, better communication skill, coping stress and functional literacy, etc. Maximum No. of girls under the age group of 11 - 18 years of both school going and out of school going girls would be trained at block level. In order to have better performance through field training the allotment for field trip (to Banks, Post offices, Police Stations etc.) have been revised. The budget for imparting life-skill education is as follows:

Sl. No.	Name of the items	Cost ₹	Amount ₹
1	Resource person fees / training cost	₹500x2 persons x4 days	4,000
2	TA for participants	(30 girls x ₹25 x 5 days)	3,750
3	Food expenses for participants	(30 girls x ₹30 x 5 days)	4,500
4	Training materials (books, notes, stationery, incidental materials)	(30 girls x ₹100)	3,000
5	Training Module for Life Skill Education materials	(30 girls x ₹250)	7,500
6	Information Education Communication materials	Per Project	22,600
7	Field trip to agencies	Per Project	1,750
8	Contingencies	Per Project	750
	Total		47,850

b. Training of Sakhi (ಸಹಿ) and two Saheli (ಸಹಿ, ಸಹಿ) (Group Leaders) (₹40,000 per project x 139 = ₹55,60,000)

As per the instructions of the Government of India, the Supervisors were trained through the State Training Institute in regular ICDS training programme. These field functionaries will train the Adolescent Girls at block level as per Government of India norms. Government of India have sanctioned ₹40,000 per Project

Duration of the training	5 days
Number of persons to be trained (one Sakhi and 2 Saheli x 16,572 AWCs = 49,716)	49,716
Batch size (approximate)	50

No. of batches for Sakhi and Saheli Training may be done by the District Programme Officers according to the need and availability of trainees combined with nearby Projects / Anganwadi Centres etc.

The expenses like boarding expenses, pocket allowance, training materials, field trip and contingencies may be met from the overall allotment per Project.

c. Nutrition and Health Education to IEC & Guidance on assessing public services (₹29,970 per project x 139 = ₹41,65,830)

In order to promote nutrition and health status of Adolescent Girls the following activities have been planned:

1. Demonstration on health and nutrition with low cost cooking recipes.
2. Educating / sensitizing about balanced diet, safe drinking water, nutritional requirement during pregnancy.
3. Educating on personal hygiene, onset of puberty and related changes.

Strategy

1. Organizing Sector level / Project level sections / Group meeting / Camps / Demonstration programme, field trip.
2. Involving Anganwadi Workers and Auxiliary Nurse Mid Wives (ANMs) Supervisors.
3. Involving agencies from Health Department / Food and Nutrition Board / Non Governmental Organizations / Education Institutions.

Sl. No.	Name of the items	Amount ₹
1	Demonstration on low cost nutritious recipes	494
2	Sensitization / Health Education **	2,000
3	Printing of IEC materials (Pamphlets / handbooks)**	1,500
4	Honorarium to resource persons @ ₹250 x 4 persons	1,000
5	Refreshment to participants	1,000
	Total per batch	5,994
	5 batches will be conducted at the project level (5 batches x ₹5,994)	29,970

** Centralized designing will be done through Information Education Communication component.

d. Vocational Training: (₹30,000 per project x 139 = ₹41,70,000)

Under SABLA, Adolescent girls to be trained under Tamilnadu Skill Development Mission, which is one of the components of National Skill Development Programme and ₹ 30,000 per block is available as per Government of India guidelines which can be used for Vocational trade, transportation, training kit.

- The training would be conducted at the project level for the age group of 16 to 18 years of out of school going girls as per Government of India guidelines.
- The training cost allocated for the project is ₹30,000.
- Maximum No. of girls would be trained.
- The Non-Governmental Organizations registered under National Skill Development Programme (Regd. as VTP) will give Vocational Training. If registered as Vocational Training Provider/ NGOs are not available, then the District Programme Officer / Child Development Project Officer can engage reputed NGO/Institutions in the districts as approved by Mahalir Thittam, Tamilnadu Corporation for Women Development (TNCDW) / State Rural Livelihood Mission (SRLM) / National Rural Livelihood Mission (NRLM).

The District Programme Officers would implement the Vocational Training in coordination with the District Employment and Training under National Skill Development Programme, the institution of the Modular Employable Skills (MES) under Skill Development Initiative Scheme (SDIS).

e. Kishori Diwas (AG Day- புகழ்பெற்ற தினம்) at AWC
(₹15,000 per project x 139 = ₹20,85,000)

Once in three months to make all health intervention including weighing, IFA supplementation, health check-up, referral services.

Follow up work is going on with Directorate of Public Health and Preventive Medicine and Tamil Nadu State Aids Control Society to organize Kishori Diwas. Under this programme Anganwadi Worker, Village Health Nurse, Supervisors, Medical Officers, Primary Health Centre staff, Counselors of Integrated Counseling and Testing Centres have been involved. Following activities would be carried out:-

- Registration of Kishori Card
- Weight Monitoring of Adolescent Girls
- IFA distribution

- Deworming tablets distribution
- Health Education session
- Family Counselling
- Demonstration of low cost recipes

Mode of implementation for Kishori Diwas

- Each project would be divided into five sectors.
- As per Government of India guidelines, Kishori Diwas would be conducted four times in a year at 5 fixed places in a Project (viz. one in April to June, July to September, October to December, January to March)
- Total allotment for this intervention as per Government of India is ₹30,000
- For each session ₹1,500 would be spent (for 20 sessions x 1500 = ₹30,000).
- But due to non-availability of funds, a sum of ₹15,000 have been taken for this intervention. Kishori Diwas would be conducted two times in a year at 5 places in a Project (₹1,500 x 10 sessions = ₹15,000).

f. Others (Printing health cards / Registers, Utensils etc.) : (₹25,000 per project x 139 = ₹34,75,000)

All the 16,572 Anganwadi Centres are to be provided Registers, Health Cards for Adolescent Girls. Monitoring formats are also to be printed and supplied. For this purpose, a lump sum amount of ₹25,000 may be allotted to each Project.

IFA supplementation

g. Cost of providing IFA (where IFA is not supplied by Health Dept.)

Through Health and Family Welfare Department, the IFA supplementation is being done once in a week to school going girls. For out of school going girls it is being distributed through Village Health Nurse / Anganwadi Worker / Adolescent Girl volunteers (52 tablets in a year).

The Director, Integrated Child Development Services Scheme has therefore requested the Government to issue necessary orders.

7. After careful examination, Government issues the following orders:-

- i. To accord Sanction a sum of ₹2,61,06,980 (Rupees Two crore sixty one lakh six thousand nine hundred and eighty only) @ ₹1,87,920 per project for 139 projects in SABLA districts to impart training and other activities under SABLA Non-Supplementary Nutrition Programme.
- ii. The Director, Integrated Child Development Services Scheme is authorized to carry out Head-wise readjustment, of financial limits, wherever required within the total approved cost of Non-SNP SABLA programme and to permit him to utilize the savings, if any, in any one of the activities/components, to incur expenditure at State Level/ District Level District Programme Officers within the overall Budget.
- iii. The Director, Integrated Child Development Services Scheme is permitted to authorize the District Programme Officers / Child Development Project Officers concerned to draw the above amount sanctioned in para 7(i) under Article-99 of Tamil Nadu Financial Code Volume-I towards the implementation of the programme and adjust the same at the Pay and Accounts Office / Treasury Office as per the schematic norms.
- iv. The Pay and Accounts Officer/Treasury Officer concerned are advised to honour the bill as and when presented by the Director of ICDS/ District Programme Officers/ Child Development Project officers, if it is otherwise found in order.
8. The expenditure sanctioned in para 7 (i) above shall be debited under the following head of account:-
 "236 Nutrition-02. Distribution of Nutritious Food and Beverages 101 – Special Nutrition Programmes – Schemes in the Twelfth Five Year Plan-II Centrally Sponsored – SJ Rajiv Gandhi Scheme for Empowerment of Adolescent Girls – SABLA-09 Grants in Aid-03 Grants for Specific Schemes" (DPC. 2236-02-101-SJ-0939).
9. This order issues with the concurrence of Finance (SW) Department vide its U.O. No.52929/Fin(SW)/2014, Dated.10.10.2014.

(BY ORDER OF THE GOVERNOR)

To
 The Director,
 Integrated Child Development Services Scheme,
 Chennai – 600 113.

P.M. BASHEER AHAMED
 Secretary to Government

The District Collectors, Chennai, Coimbatore, Cuddalore, Madurai, Ramanathapuram, Salem, Tiruchirappalli, Tiruvannamalai, Kanyakumari
 The District Programme Officers, Chennai, Coimbatore
 Cuddalore, Madurai, Ramanathapuram, Salem, Tiruchirappalli, Tiruvannamalai, Kanyakumari (Through the Director, Integrated Child Development Services Scheme)
 The Health and Family Welfare Department, Chennai – 600 009.
 National Rural Health Mission, Chennai – 600 006.
 The Director of Employment and Training, Aalandur Road, Guindy Industrial Estate, Chennai – 600 032.
 The Director of Public Health and Preventive Medicine, Chennai – 600 006.
 The Tamilnadu State Aids Control Society, Chennai – 600 008.
 The Accountant General, Chennai – 600 018.
 The Accountant General (Audit I / II), Chennai-600 018.
 The Commissioner of Treasury & Accounts, Chennai -600 015
 The Pay Accounts Officer (South), Chennai – 600 035
 The Resident Audit Officer, Secretariat, Chennai -600 009

Copy to

The Director,
 Ministry of Women and Child Development (SABLA),
 Government of India, New Delhi.
 National Institute of Public Cooperation and Child Development, New Delhi.
 The Finance (SW/BGI) Department,
 Chennai – 600 009.
 The Planning, Development and Special Initiatives Department, Chennai – 600 009.
 The Principal Secretary – II to Hon'ble Chief Minister, Chennai – 600 009.
 The Personal Assistant to Hon'ble Minister for Finance, Chennai – 600 009.
 The Personal Assistant to Hon'ble Minister for Social Welfare, Chennai – 600 009.
 The Resident Audit Officer, (Through Social Welfare and Nutritious Meal Programme (SW2) Department)
 The Social Welfare and Nutritious Meal Programme (SW2) Department,
 Chennai – 600 009
 Stock file / Spare copy.

// Forwarded By Order //

R.L. Sundararaj
 14/11/2014
 Section Officer
 15/11/14