



## ABSTRACT

Social Welfare and Nutritious Meal Programme Department - Integrated Child Development Services Scheme – Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (RGSEAG) - SABLA – imparting training and other activities for Adolescent Girls in the age group of 11-18 years - Sanction of ₹ 2,64,10,000 for the year 2014-2015 – Orders – Issued.

Social Welfare and Nutritious Meal Programme (SW-7(2) Department

G.O.(Ms) No.49

Dated:03.07.2015

திருவள்ளூர்வராண்டு 2046

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Read:

- 1 G.O.(Ms) No.52, Social Welfare and Nutritious Meal Programme (SW-7-(2) Department, Dated 16.10.2014.
- 2 Letter received from Government of India, Ministry of Women and Child Development, F.No.6-5/2014-RGSEAG, Dated 15.09.2014 and 12.02.2015.
- 3 Letter received from the Director, Integrated Child Development Services Scheme Roc. No.3128/Trg/2014, Dated 06.03.2015.

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### ORDER:-

Government of India have launched a new scheme during the year 2010-2011 called Rajiv Gandhi Scheme for Empowerment of Adolescent Girls SABLA (RGSEAG) to address the multi-dimensional problems of Adolescent Girls, using the platform of Integrated Child Development Services Scheme. The target group of the scheme are the adolescent girls of age between 11 and 18 years (both school going and out of school girls).

2. There are two components of the Rajiv Gandhi Scheme for Empowerment of Adolescent Girls – SABLA, are Nutrition Component and Non Nutrition Component. The Item wise unit cost of the Non – nutrition component per year / project as provided in the Government of India guidelines are as follows:

Sl. No.	Name of the item	Amount ₹
1	Training kit per Anganwadi Centre @ ₹ 1,000 per Anganwadi Centre	1,50,000
2	Life Skill Education including Information Education Communication	50,000
3	Training for Sakhi/Saheli	40,000
4	Nutrition and Health Education Component including Information Education Communication & Guidance on accessing public services	30,000
5	Vocational Training	30,000
6	Miscellaneous expenditure (Transportation, Celebrating Kishori Diwas, etc.)	30,000
7	Others (Printing of health cards / registers / utensils, etc.)	30,000
8	Cost of providing Iron and Folic Acid (where Iron and Folic Acid is not supplied by Health Department)	20,000
	<b>TOTAL</b>	<b>3,80,000</b>

(Total allotment ₹ 3,80,000 X 139 Projects = ₹ 5,28,20,000)

3. As per Government of India guidelines, the activities to be provided under Non Supplementary Nutrition Services under Rajiv Gandhi Scheme for Empowerment of Adolescent Girls or SABLA Scheme are as follows:

- ❖ Supplying two adult Iron and Folic Acid (IFA) tablets per week to out - of - School Girls through Convergence with Health Department through National Rural Health Mission (NRHM). If IFA tablets through National Rural Health Mission are not possible, Iron and Folic Acid tablets may be procured by the Integrated Child Development Services Scheme Departments.
- ❖ Health check up once in three months, in collaboration with Auxiliary Nurse Mid Wife (ANM) and other functionaries, recording of height, weight and Body Mass Index (BMI) of Adolescent Girls on Kishori Cards during Kishori Diwas.
- ❖ Nutrition and Health Education (NHE) for all Adolescent Girls attending Anganwadi Centres.
- ❖ Guidance on Family Welfare, Adolescent Reproductive and Sexual Health, Child Care Practices and Home Management.

- ❖ Life Skill Education and Accessing Public Services through Department of Youth Affairs
- ❖ Vocational Training (for girls aged 16 and above) through National Skill Development Programme (NSDP) of Ministry of Labour and Employment

4. In Government order 1<sup>st</sup> read above, a sum of ₹ 261.07 lakh was sanctioned under the Non-Supplementary Nutrition Programme of SABLA for the year 2014-2015 based on the 1<sup>st</sup> instalment released by Government of India.

5. In the letter 2<sup>nd</sup> read above, Government of India have released a sum of ₹ 264.10 lakh as 2<sup>nd</sup> instalment of Grants-in-aid to Tamilnadu during 2014-2015 for Non-Supplementary Nutrition Programme under Rajiv Gandhi Scheme for Empowerment of Adolescent Girls-SABLA.

6. In the letter 3<sup>rd</sup> read above, the Director, Integrated Child Development Services Scheme has sent the proposal to sanction a sum of ₹ 2,64,10,000 to impart training and other activities in 9 SABLA districts @ ₹ 1,90,000 per project at the total cost of ₹ 2,64,10,000 for 139 projects which are detailed below:-

Sl. No.	Name of the item	Amount ₹
1	Training kit per Anganwadi Centre @ ₹ 1,000 per Anganwadi Centre	1,50,000
2	Vocational Training to additional 16 Adolescent Girls per project	16,000
3	Miscellaneous expenditure (Transportation, Celebrating Kishori Diwas, etc.)	15,000
4	Others (Printing of health cards / registers / utensils, etc.)	9,000
	Total	1,90,000

(Total allotment ₹ 1,90,000 per project x 139 = ₹ 2,64,10,000)

The detailed activities are as follows:-

- a) Training Kit Material (₹ 1,50,000 x 139 Project = ₹ 2,08,50,000)

The following training kit materials would be provided to facilitate the Sakhi and Saheli training.

A sum of ₹ 1,50,000 per project have been allotted to each Anganwadi Centre to provide ₹ 1,000 worth kit. The kit would be designed following the samples given by

National Institute of Public Cooperation and Child Development at the Directorate. The details are as follows:-

Sl. No.	Name of the items	Amount per AWC ₹	Total amount per Project ₹
1	Training manual for Anganwadi Workers/ Child Development Project Officers/ Supervisors Grade-I&II / Sakhi & Saheli @ ₹ 250 per manual per head	250	37,500
2	Materials for Quiz Activity Games	100	15,000
3	Adolescent activity cards	50	7,500
4	Adolescent activity chart	200	30,000
5	Flash Cards consisting of 12 cards with pictures and stories		
6	Provision of kit bags to Sakhi / Saheli with various messages regarding public services, self esteem, life skill development, health, hygiene, panchayat system, voting system, etc.	400	60,000
	Total	1,000	1,50,000

b) Vocational Training (₹ 16,000x 139 Projects = ₹ 22,24,000)

Under SABLA, Adolescent Girls are to be trained under Tamil Nadu Skill Development Mission, which is one of the components of National Skill Development Programme and ₹ 30,000 per project is available as per Government of India guidelines which can be used for Vocational trade, transportation, training kit.

- The training would be conducted at the project level for the age group of 16 to 18 years out of school going girls as per Government of India guidelines.
- The training cost allotted per Adolescent Girl is ₹ 1,000.
- Already, a sum of ₹ 30,000 per project has been sanctioned.
- To train Maximum No.of girls, additional sanction may be provided for benefitting 16 more Adolescent Girls per Project.
- The Non-Governmental Organizations registered under National Skill Development Programme (Registered as Vocational Training Provider) will give Vocational Training. If registered Vocational Training Provider Non Governmental Organizations are not available, then the District Programme Officer/Child Development Project Officer can engage reputed Non Governmental Organization/Institutions in the districts as approved by Mahalir

Thittam, Tamil Nadu Corporation for Women Development (TNCWD) / State Rural Livelihood Mission (SRLM) / National Rural Livelihood Mission (NRLM).

The District Programme Officers would implement the Vocational Training in coordination with the District Employment and Training under National Skill Development Programme (NSDP) the institution of the Modular Employable Skills (MES) under Skill Development Initiative Scheme (SDIS).

c) Kishori Diwas (AG Day- பகுமாயர் தினம்) at AWC (₹ 15,000x139 Projects =₹ 20,85,000)

Once in three months, to make all health intervention including weighing, Iron and Folic Acid (IFA) supplementation, health check-up, referral services, follow up work is going on with Directorate of Public Health and Preventive Medicine and Tamil Nadu State Aids Control Society to organize Kishori Diwas. Under this programme Anganwadi Worker, Village Health Nurse, Supervisors, Medical Officers, Primary Health Centre staff, Counsellors of Integrated Counselling and Testing Centres has been involved. Following activities would be carried out:-

- Registration of Kishori Card
- Weight Monitoring of Adolescent Girls
- Iron Folic Acid distribution
- Deworming tablets distribution
- Health Education session
- Family Counselling
- Demonstration of low cost receipes

Mode of implementation for Kishori Diwas

- Each project would be divided into five sectors.
- As per Government of India guidelines, Kishori Diwas would be conducted four times in a year at 5 fixed places in a Project (viz. one in April to June, July to September, October to December, January to March).
- Total eligible allotment for this intervention is ₹ 30,000
- For each session ₹ 1,500 would be spent (for 20 sessions x ₹ 1,500 = ₹ 30,000).
- Due to non availability of funds a sum of ₹ 15,000 per project for 10 sessions has already been sanctioned for this activity instead of providing ₹ 30,000 per project for 20 sessions.
- As the further release of fund have been received from Government of India, additional allocation of fund to the tune of ₹ 15,000 per project may be

sanctioned for this intervention. Kishori Diwas would be conducted two times in a year at 5 places in a Project (₹ 1,500 x 10 sessions = ₹ 15,000).

- d) Others (Printing of Weekly Iron and Folic Acid Supplementation Registers) (₹ 9,000 x139 Projects = ₹ 12,51,000)

With the view to prevent Aneamia among Adolescent girls and also as per the Government of India guidelines in Weekly Iron and Folic Acid Supplementation Programme, the weekly supplementation of Iron and Folic acid tablets for the out of school going adolescent girls is instituted through Integrated Child Development Services Scheme platform. The tablets are procured and supplied by Health Department to all Adolescent Girls in the SABLA Districts. For effective monitoring of provision of services through Anganwadi Worker, it has been proposed to print Weekly Iron and Folic Acid Supplementation (WIFS) Register for 16,569 Anganwadi Centres in the SABLA districts @ unit of cost of ₹ 75.50 per register by the District Programme Officer with the following Specifications.

Name of the Register	Cover / Binding	No of leaves after binding (1 leaf=2 sides)	Size inches	Paper Quality
WIFS Register	Hard bound binding / Centre stitching	146	8.5X13.25	Cover:130 GSM art paper with Matt lamination and Hard bound binding-2mm card board and cover pasted on board Inside: 80GSM Maplitho

For this purpose, a lump sum amount of ₹ 9,000 may be allotted to each Project.

The overall Budget Estimate for ₹ 2,64,10,000 is detailed below:-

Sl. No.	Name of the item	Amount per project ₹	Total amount required for 139 projects ₹
1	Training kit per Anganwadi Centre @ ₹ 1,000 per Anganwadi Centre	1,50,000	2,08,50,000
2	Vocational Training to additional 16 Adolescent Girls per project	16,000	22,24,000
3	Miscellaneous expenditure (Transportation, Celebrating Kishori Diwas, etc.)	15,000	20,85,000
4	Others (Printing of Weekly Iron & Folic Acid Tablets Supplementation (WIFS) registers) (₹ 75.50 per Anganwadi Centre approximately)	9,000	12,51,000
	<b>Total</b>	<b>1,90,000</b>	<b>2,64,10,000</b>

The Director, Integrated Child Development Services Scheme has therefore requested the Government to issue necessary orders.

7. After careful examination, Government issues the following orders:-

- i. To accord sanction for a sum of ₹ 2,64,10,000 (Rupees Two crore sixty four lakh and ten thousand only) @ ₹ 1,90,000 per project for 139 projects in SABLA districts to impart training and other activities under SABLA Non-Supplementary Nutrition Programme.
- ii. The Director, Integrated Child Development Services Scheme is authorized to carry out Head-wise readjustment, of financial limits, wherever required within the total approved cost of Non-Supplementary Nutrition Programme SABLA programme and to permit him to utilize the savings, if any, in any one of the activities/components, to incur expenditure at State Level/ District Level District Programme Officers within the overall Budget.
- iii. The Director, Integrated Child Development Services Scheme is permitted to authorize the District Programme Officers / Child Development Project Officers concerned to draw the above amount sanctioned in para 7(i) under Article-99 of Tamil Nadu Financial Code Volume-I towards the implementation of the programme and adjust the same at the Pay and Accounts Office / Treasury Office as per the schematic norms.
- iv. The Pay and Accounts Officer/Treasury Officer concerned are advised to honour the bill as and when presented by the Director of Integrated Child Development Services Scheme/ District Programme Officers/ Child Development Project Officers, if it is otherwise found in order.
- v. The Director, Integrated Child Development Services Scheme is directed to submit necessary Utilization Certificate to Government within time.

8. The expenditure sanctioned in para 7 (i) above shall be debited under the following head of account:-

"2236 Nutrition-02. Distribution of Nutritious Food and Beverages 101 – Special Nutrition Programmes – Schemes in the Twelfth Five Year Plan-III Centrally Sponsored – SJ Rajiv Gandhi Scheme for Empowerment of Adolescent Girls – SABLA-09 Grants in Aid-03 Grants for Specific Schemes" (DPC. 2236-02-101-SJ-0939).

9. This order issues with the concurrence of Finance (SW) Department vide its U.O. No.26192/Fin(SW)/2015, Dated.25.06.2015.

(BY ORDER OF THE GOVERNOR)

P.SIVASANKARAN  
Principal Secretary to Government

To

The Director,

Integrated Child Development Services Scheme, Chennai – 600 113.

The District Collectors, Chennai, Coimbatore, Cuddalore, Madurai, Ramanathapuram, Salem, Tiruchirappalli, Tiruvannamalai, Kanniyakumari

The District Programme Officers, Chennai, Coimbatore

Cuddalore, Madurai, Ramanathapuram, Salem, Tiruchirappalli, Tiruvannamalai,

Kanniyakumari (Through the Director, Integrated Child Development Services Scheme)

The Health and Family Welfare Department, Chennai – 600 009.

National Rural Health Mission, Chennai – 600 006.

The Director of Employment and Training, Aalandur Road,

Guindy Industrial Estate, Chennai – 600 032.

The Director of Public Health and Preventive Medicine, Chennai – 600 006.

The Tamilnadu State Aids Control Society, Chennai – 600 008.

The Accountant General, Chennai – 600 018.

The Accountant General (Audit I / II), Chennai-600 018.

The Commissioner of Treasury & Accounts, Chennai -600 015

The Pay and Accounts Officer (South), Chennai – 600 035

The Resident Audit Officer, Secretariat, Chennai -600 009

Copy to

The Director, Ministry of Women and Child Development (SABLA),

Government of India, New Delhi.

National Institute of Public Cooperation and Child Development, New Delhi.

The Finance (SW/BGI/BGII) Department, Chennai – 600 009.

The Planning, Development and Special Initiatives Department, Chennai – 600 009.

The Resident Audit Officer, (Through Social Welfare and Nutritious Meal Programme (SW2) Department)

The Social Welfare and Nutritious Meal Programme (SW2) Department,

Chennai – 600 009

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// forwarded by order //

R.L. Shudamshi  
03/07/2015  
Section Officer  
03/07/15