



ABSTRACT

Social Welfare and Nutritious Meal Programme Department - Integrated Child Development Services Scheme – Training – Scheme for Adolescent Girls (SABLA) – Non Supplementary Nutrition Programme component - sanction of ₹ 264.10 lakh for the year 2017-2018 – Orders – Issued.

Social Welfare and Nutritious Meal Programme (SW-7(2)) Department

G.O.(2D) No.22

Dated:16.10.2017

திருவள்ளூர்வராண்டு 2048

ஹேவிளம்பி, புரட்டாசி 30

Read:

- 1 Government of India D.O. Letter No.6-11/2010 RGSEAG, Dated:14.12.2010.
- 2 G.O.(Ms) No.49, Social Welfare and Nutritious Meal Programme (SW-7(2)) Department, Dated 03.07.2015.
- 3 Letter received from the Government of India, Ministry of Women and Child Development No.SAG/4/2017-SAG, Dated 12.06.2017.
- 4 Government of India, Ministry of Women and Child Development Letter No.SAB-11012/82/2015-O/O. AD SABLA, F.No.6-12/2010-RGSEAG (31), Dated: 13.06.2017.
- 5 Government Letter No.9667/SW7-2 /2017-1, Social Welfare and Nutritious Meal Programme Department, Dated.31.07.2017.
- 6 Letter received from the Director, Integrated Child Development Services Scheme Roc.No.7596/Trg/2017, Dated 23.06.2017 and 10.08.2017.

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ORDER:-

In the letter 1st read above, Government of India have introduced a comprehensive scheme called Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (now modified as "Scheme for Adolescent Girls") on 19.11.2010, merging the erstwhile Kishori Sakthi Yojana (KSY) and National Programme for Adolescent Girls schemes (NPAG), aims at empowering Adolescent girls by addressing their multidimensional problems. On pilot basis, as per Government of India Guidelines in Tamil Nadu, this scheme is being implemented in 139 ICDS projects of selected 9 districts i.e. Chennai, Coimbatore, Cuddalore, Kanniyakumari, Madurai, Ramnad, Salem, Tiruvannamalai and Trichy with various objectives. The target group of the scheme is adolescent girls in the age group of 11–18 years both school going and out of school going girls. The two components of the Scheme for Adolescent Girls are Nutrition Component and Non Nutrition Component. As per Government of India Guidelines, Budgetary provisions for the various components under the Non – Nutrition Scheme of "Scheme for Adolescent Girls"- Item wise unit cost of the Non – nutrition component per year / project is as follows:-

Sl. No	Name of the Activity	Amount ₹
1	Training kit per Anganwadi Centre @ ₹ 1000 per AWC	1,50,000
2	Life Skill Education including Information, Education and Communication (IEC)	50,000
3	Training for Sakhi/Saheli	40,000
4	Nutrition and Health Education Component including IEC & Guidance on accessing public services	30,000
5	Vocational Training	30,000
6	Miscellaneous expenditure (Transportation, Celebrating Kishori Diwas, etc.)	30,000
7	Others (Printing of health cards / registers / utensils, etc.)	30,000
8	Cost of providing IFA (where IFA is not supplied by health department)	20,000
	TOTAL	3,80,000

(Total allotment ₹ 3,80,000 per project x 139 Projects = ₹ 5,28,20,000).

2. In Government order 2nd read above, a sum of ₹ 2,64,10,000 was sanctioned under the Non-Supplementary Nutrition Programme of SABLA for the year 2014-2015 based on the 1st instalment released by Government of India.

3. In the letter No 3rd read above Government of India have released amount ₹ 109.71 lakh pertaining to Non-SNP Component for the year 2017-2018.

4. In the letter No 4th read above, Government of India have revalidated the unspent balance amount of ₹ 48.75 lakh pertaining to Non-SNP Component for the year 2014-2015 so as to utilize the same for the year 2017-2018 in the sharing pattern of 60:40.

5. In the letter 5th read above, the Director, Integrated Child Development Services Scheme has sent the proposal of Non-SNP Component for Scheme for Adolescent Girls to the tune of ₹ 264.10 lakh since 40% of State share covering 139 Projects.

An amount of ₹ 1,90,000 per Project may be allotted as per the following details:-

Sl. No.	Name of the Activity	Amount ₹
1	Life Skill Education including Information, Education and Communication (IEC)	50,000
2	Training for Sakhi/Saheli	40,000
3	Nutrition and Health Education Component including Information, Education and Communication (IEC) & Guidance on accessing public services	30,000
4	Vocational Training	30,000
5	Miscellaneous expenditure (Transportation, Celebrating	15,000

	Kishori Diwas, etc.)	-
6	Others (Printing of health cards / registers / utensils, etc.)	25,000
	TOTAL	1,90,000

(Total allotment ₹ 1,90,000 x 139 Projects = ₹ 2,64,10,000)

6. As per Government of India guidelines, the activities to be provided for Non Supplementary Nutrition Services under Scheme for Adolescent Girls are as follows:-

- Supplying two adult Folic Acid (IFA) tablets per week to out - of - School Girls through Convergence with Health Department through National Rural Health Mission (NRHM). IFA tablets may be procured by the ICDS Department if not provided by NRHM. Otherwise, this amount can be utilized for IEC activities or for any other component of SABLA scheme as per Government of India guidelines.
- Health check up once in three months, in collaboration with Auxiliary Mid Wife (ANM) and other functionaries such as recording of Height, Weight and Body Mass Index (BMI) of Adolescent Girls on Kishori Cards during Kishori Diwas.
- Nutrition and Health Education (NHE) for all Adolescent Girls attending Anganwadi Centres.
- Guidance on Family Welfare, Adolescent Reproductive Sexual Health (ARSH), Child Care Practices and Home Management
- Life Skills Education and Accessing Public Services through Department of Youth Affairs and other allied line departments.
- Vocational Training (for girls aged 16 and above) through National Skill Development Programme (NSDP) of Ministry of Labour and Employment.

The Director, Integrated Child Development Services Scheme has sent the detailed activities which are furnished in the Annexure. The Director, Integrated Child Development Services Scheme has therefore requested the Government to issue necessary orders.

Requirement of funds is detailed below

Sl. No.	Name of the Activity to be implemented for 139 Projects	Amount per Project ₹	Total amount required for 139 Projects ₹
1.	Life Skill Education including Information, Education and Communication (IEC)	50,000	69,50,000
2.	Sakhi & Saheli Training	40,000	55,60,000
3.	Nutrition and Health Education to Information, Education and Communication (IEC) & Guidance on assessing public services	30,000	41,70,000
4.	Vocational Training	30,000	41,70,000
5.	Miscellaneous expenditure	15,000	20,85,000

	(Transportation, Celebrating Kishori Diwas, etc.)		
6.	Others (Printing of health cards / registers / utensils, etc.)	25,000	34,75,000
	TOTAL	1,90,000	2,64,10,000

7. After careful examination, Government issues the following orders:-

- i. To accord sanction a sum of ₹ 2,64,10,000 (Rupees two crore sixty four lakh and ten thousand only) @ ₹ 1,90,000 per project for 139 Projects in 9 Districts to implement the Non-SNP Component under the "Scheme for Adolescent Girls" in the sharing pattern of 60:40 (Government of India share ₹ 1,58,46,000, State share ₹ 1,05,64,000).
- ii. The Director, Integrated Child Development Services Scheme is authorized to draw and disburse the sanctioned expenditure to District Programme Officers / Child Development Project Officers for conducting the above programme as per the schematic norms.
- iii. To permit the Director, Integrated Child Development Services Scheme to utilize the savings, if any, in any one of the activities/components, to incur expenditure at State level/ District level as per Government of India guidelines of 'Scheme for Adolescent Girls' within the overall budget limit.
- iv. The Director, Integrated Child Development Services Scheme may be authorized to carry out Head-wise and component-wise readjustment, wherever actually required within the total approved cost of Non-SNP programme.
- v. The Director, Integrated Child Development Services Scheme is directed to submit necessary Utilization Certificate to Government within time.

8. The expenditure sanctioned in para 7(i) above shall be debited under the following Heads of account:-

- i. General component:- (₹ 2,05,99,800)
"2236 Nutrition-02. Distribution of Nutritious Food and Beverages 101 – Special Nutrition Programme – Central Sector Schemes – SJ Rajiv Gandhi Scheme for Empowerment of Adolescent Girls SABLA-09 Grants in Aid-03 Grants for specific scheme" (DPC 2236 02 SJ 0939)
- ii. SCP component:- (₹ 55,46,100)
2236 Nutrition – 02 Distribution of Nutritious food and beverages-789 Special Component Plan for scheduled castes – Central Sector Schemes – SB Rajiv Gandhi Scheme for Empowerment of Adolescent Girls – 09 Grants in aid – 03 Grants for specific scheme". (DPC 2236 02 789 SB 0939).
- iii. TSP component (₹ 2,64,100)
2236 Nutrition -02 Distribution of Nutritious food and beverages 796 Tribal Area Sub Plan – Central Sector Schemes – SB Rajiv Gandhi

Scheme for Empowerment of Adolescent Girls – 09 Grants in Aid –
03 Grants for specific scheme". (DPC 2236 02 - 796 SB 0934).

9. This order issues with the concurrence of Finance (SW) Department vide
its U.O. No.49241/Fin(SW)/2017, Dated.09.10.2017.

(BY ORDER OF THE GOVERNOR)

K.MANIVASAN
Principal Secretary to Government

To

The Director,
Integrated Child Development Services Scheme, Chennai – 600 113.
The District Collectors, Chennai, Coimbatore, Cuddalore, Madurai,
Ramanathapuram, Salem, Tiruchirappalli, Tiruvannamalai, Kanniyakumari
The District Programme Officers, Chennai, Coimbatore
Cuddalore, Madurai, Ramanathapuram, Salem, Tiruchirappalli, Tiruvannamalai,
Kanniyakumari (Through the Director, Integrated Child Development Services
Scheme)

The Health and Family Welfare Department, Chennai – 600 009.

National Rural Health Mission, Chennai – 600 006.

The Director of Employment and Training, Aalandur Road,
Guindy Industrial Estate, Chennai – 600 032.

The Director of Public Health and Preventive Medicine,
Chennai – 600 006.

The Tamilnadu State Aids Control Society, Chennai – 600 008.

The Accountant General, Chennai – 600 018.

The Accountant General (Audit I / II), Chennai-600 018.

The Commissioner of Treasury & Accounts, Chennai -600 015

The Pay and Accounts Officer (South), Chennai – 600 035

The Resident Audit Officer, Secretariat, Chennai -600 009

Copy to

The Director, Ministry of Women and Child Development (SABLA),
Government of India, New Delhi.

National Institute of Public Cooperation and Child Development,
New Delhi.

The Finance (SW/BGI/BGII) Department,
Chennai – 600 009.

The Planning, Development and Special Initiatives Department,
Chennai – 600 009.

The Resident Audit Officer, (Through Social Welfare and Nutritious Meal Programme
(SW2) Department)

The Social Welfare and Nutritious Meal Programme (SW2) Department,
Chennai – 600 009

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RL. S. Srinivasan
16/10/2017
Section Officer.

ANNEXURE

to (G.O.(2D) No.22, Social Welfare and Nutritious Meal Programme Department,
Dated 16.10.2017.

Detailed Activities to be carried out under non SNP component of "SABLA"

Formation of Kishori Samooh (பகுமையர் குழு)

As per Base Line Survey, there are 4,15,050 Adolescent Girls in 9 Districts through 16,583 Anganwadi Centres, Kishori Samoohs have been formed at each Anganwadi Centre and one Sakhi and two Sahelies (peer group leaders/facilitators) in each group have been selected. Their total number (1 Sakhi & 2 Sahelies) constitutes 49,749 Nos.

1) Life Skill Education including IEC

A sum of ₹ 50,000 per project has been allotted for life skill education. Under this intervention, the Adolescent Girls selected at project level would be provided 5 days training includes confidence building, developing self awareness and self esteem, decision making ability, capacity building for critical thinking, better communication skill, coping stress and functional literacy, etc. Maximum No. of girls under the age group of 11- 18 years of both school going and out of school going girls would be trained at block level. In order to have better performance through field training the allotment for field trip (to Banks, post offices, police Stations etc.) have been revised.

The budget for imparting life-skill education is as follows:-

Sl. No.	Name of the items	Unit Cost ₹	Amount ₹
1	Resource person fees / training cost	₹ 500 x 2 persons x 4 days	4,000
2	TA for participants	(30 girls x ₹ 25 x 5 days)	3,750
3	Food expenses for participants	(30 girls x ₹ 30 x 5 days)	4,500
4	Training materials (books, notes, stationery, incidental materials)	(30 girls x ₹ 100)	3,000
5	Training Module for Low Surface Energy (LSE) materials	(30 girls x ₹ 250)	7,500
6	IEC materials	Per Project	24,750
7	Field trip to agencies	Per Project	1,750
8	Contingencies	Per Project	750
	Total		50,000

Total allotment = 139 Projects x ₹ 50,000 = ₹ 69,50,000

2) Training of Sakhi (சேஷி) and two Saheli (சக சேஷி) (Group Leaders)

As per the instructions of the Government of India, the Supervisors were trained through the State Training Institute in regular ICDS training programme. These field functionaries will train the Adolescent Girls at block level as per Government of India norms. Government of India have sanctioned ₹ 40,000 per Project.

Duration of the training	5 days
Number of persons to be trained from the scheme Districts viz., Chennai, Coimbatore, Cuddalore, Kanyakumari, Madurai, Ramnad, Salem, Trichy and Tiruvannamalai (One Sakhi and 2 Saheli) (i.e. 16583 Anganwadi Centres x 3 Adolescent Girls = 49,749)	₹ 49,749
Batch size (approximate)	45 - 50

No. of batches for Sakhi and Saheli Training may be done by the District Programme Officers according to the need and availability of trainees combined with nearby Projects / Anganwadi Centres etc.

The expenses like boarding expenses, pocket allowance, training materials and contingencies may be met from the overall allotment per Project.

S. No.	Name of the items	Amount per course ₹
1.	Pocket allowance (₹ 20 per day) (₹ 20 x 45 x 5 days)	4,500
2.	Training material (₹ 20 per participant x 45 participants)	900
3.	Course material per batch	114
4.	Contingencies	200
	Unit cost	5,714
	No. of batches per project: 7 (5714 x 7 batches)	39,998 Rounded to 40,000

Total allotment = 139 Projects x ₹ 40,000 = ₹ 55,60,000

3) Nutrition and Health Education to IEC & Guidance on assessing public services

In order to promote nutrition and health status of Adolescent Girls the following activities have been planned:

- Demonstration on health and nutrition with low cost cooking recepies.
- Educating / sensitizing about balanced diet, safe drinking water and nutritional requirement during pregnancy.

- iii. Educating on personal hygiene, onset of puberty and related changes.

Strategy

- i. Organizing Sector level / Project level sections / Group meeting / Camps / Demonstration programme, field trip.
- ii. Involving Anganwadi Workers and Auxiliary Nurse Midwife's Supervisors.
- iii. Involving agencies from Health Department / Food and Nutrition Board / Non-Governmental Organizations / Education Institutions.

Sl. No.	Name of the items	Amount ₹
1	Demonstration on low cost nutritious recipes	500
2	Sensitization / Health Education **	2,000
3	Printing of IEC materials (Pamphlets / handbooks)**	1,500
4	Honorarium to resource persons @ ₹ 250 x 4 persons	1,000
5	Refreshment to participants	1,000
	Total per batch	6,000
	5 batches will be conducted at the project level (5 batches x ₹ 6,000)	30,000

Total allotment = 139 Projects x ₹ 30,000 = ₹ 41,70,000

** Centralized designing will be developed through IEC Component.

4) Vocational Training:

Under this scheme, Adolescents girls to be trained under Tamil Nadu Skill Development Mission which is one of the components of National Skill Development Programme and ₹ 30,000, per block is available as per Government of India Guidelines which can be used for Vocational trade, transportation, training kit.

- The training would be conducted at the project level for the age group of 16 to 18 years of out of school going girls as per Government of India guidelines.
- The training cost allocated per project is ₹ 30,000. (139 x ₹ 30,000 = ₹ 41,70,000)
- Maximum No. of girls would be trained.
- The Training Providers registered under National Skill Development Programme / Tamil Nadu Skill Development Corporation (Registered as Vocational Training Provider) will provide Vocational Training. If registered as Vocational Training Providers are not available, then the District Programme Officer / Child Development Project Officer can engage reputed NGO/Institutions in the districts to imparting Vocational Training as

approved by Mahalir Thittam Tamil Nadu Corporation for Development of Women (TNCDW) / State Rural Livelihood Mission (SRLM) / National Rural Livelihood Mission (NRLM).

- The District Programme Officers would implement the Vocational Training in coordination with the Training providers registered under Tamil Nadu Skill Development Corporation (TNSDC).

5. Kishori Diwas (AG Day- பகுழமையர் தினம்) at Anganwadi Centre

Once in three months to make all health intervention including weighing, Iron and Folic Acid (IFA) supplementation, health check-up, referral services, Kishori Diwas is conducted.

Follow up work is being taken up with Directorate of Public Health and Preventive Medicine and Tamil Nadu State Aids Control Society to organize Kishori Diwas. Under this programme Anganwadi Worker, Village Health Nurse, Supervisors, Medical Officers, Primary Health Centre staff, counsellors of Integrated Counselling and Testing Centres has been involved. Following activities would be carried out.

- Registration of Kishori Card, Weight Monitoring of Adolescent Girls, IFA distribution, Deworming tablets distribution, Health Education session, Family Counselling and Demonstration of low cost receipies.

Mode of implementation for Kishori Diwas

- Each project would be divided into five sectors.
- As per Government of India Guidelines, Kishori Diwas would be conducted four times in a year at 5 fixed places in a Project (viz. April to June, July to September, October to December, January to March). Total allotment for this intervention is ₹ 30,000. For each session ₹ 1,500 would be spent (for 20 sessions x ₹ 1,500 = ₹ 30,000).
- But due to non-availability of funds, a sum of ₹ 15,000 have been taken for this intervention. Kishori Diwas would be conducted two times in a year at 5 places in a Project (₹ 1,500 x 10 sessions = ₹ 15,000). Total allotment = 139 Projects x ₹ 15,000 = ₹ 20,85,000

6. Others (Printing health cards / Registers, Utensils etc.) : ₹ 25,000 per project

All the 16,583 Anganwadi Centres are to be provided Registers, Health Cards for Adolescent Girls. Monitoring formats are also to be printed and supplied. For this purpose, a lump sum amount of ₹ 25,000 may be allotted to each Project.

Total allotment = 139 Projects x ₹ 25,000 = ₹ 34,75,000.

7. IFA supplementationCost of providing IFA (where IFA is not supplied by Health Dept.)

Through Health and Family Welfare Department the Iron and Folic Acid supplementation is being given once in a week to school going girls. For out of school going girls it is being distributed through Village Health Nurse / Anganwadi Worker / Adolescent Girl volunteers (52 tablets in a year).

K.MANIVASAN,
Principal Secretary to Government

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RL. Shudamini
16/10/2017
Section Officer.
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