



## **ABSTRACT**

National Health Mission –State Health Society –Tamil Nadu -Muscular Dystrophy Rehabilitation Constitution of Expert Committee for the welfare of the Muscular Dystrophy Patients – Orders – Issued.

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### **Health and Family Welfare (EAP II-1) Department**

G.O(Ms) No.570

Dated :07.12.2018  
Vilambi, Karthigai- 21  
Thiruvalluvar Aandu 2049

Read:

From the Mission Director, State Health Society Ref. No.7095 / SHS / P9/  
2018, dated 25.10.2018.

### **ORDER:**

The Mission Director, State Health Society has stated that the Muscular Dystrophy denotes a group of inherited disease due to chromosomal deficiency and gene disorder characterized by progressive weakness of the body and skeletal muscles that is responsible for the movements of the body. Every muscle in the Human body contain a variety of muscle proteins which are required for the structural and functional activity of muscle cells. These proteins are either absent or inadequate in people affected with muscular dystrophy syndrome. It results in progressive death of the muscle and immobility. There are about 46 varieties of Muscular dystrophy syndrome, which makes people wheel chair bound. Respiratory failure and ultimate death are the final outcome of this disease. There is no cure and no treatment is yet evolved to contain this dreaded disease. He has further stated that a meeting was convened on 28.06.2018 at National Health Mission of State level Expert Committee for the welfare of the Muscular dystrophy patients. Dr.N.Vijayakumar, State President (Tamil Nadu ), Indian Association of Muscular dystrophy, Karur has suggested the constitution of the Expert Committee with the specialties consisting of Neurologist, General Medicine, Obstetrician & Gynecologist, Pediatrician, Cardiologist, Physical Medicine specialties, Ayush Doctors, Representatives from various department Director of Public Health and Preventive Medicine , Director of Medical Education , Director of Medical and Rural Health Services , Social Welfare Department, Labour Department & Education Department, SSA , Paramedical Staffs 1 or 2 caregivers / Parent of Child with Muscular dystrophy and also suggested various welfare measures for the muscular dystrophy patients and the same was approved in the minutes of the meeting.

- The Existing Facilities in DEIC to be utilized for the Diagnosis and Rehabilitation of Children affected with Muscular Dystrophy.
- For Adults the Physiotherapy Department along with the Specialists available in the District Hospital / Medical College Hospital will deliver the services.

- District Mental Health team will Co-ordinate with the above mentioned for Psychological counseling.

2. The Mission Director, State Health Society has further stated that the Roles and Responsibilities of Various Department are indicated below:

Sl.No.	Roles and Responsibilities	Institution / Department
1.	Physical Rehabilitation	The Director, Government Institute of Rehabilitation Medicine, KK Nagar, Chennai
2.	Creating awareness about the Disease among the public-IEC wing	Director of Public Health & Preventive Medicine
3.	Multi-Disciplinary Care	Director of Medical Education /Director of Medical and Rural Health Services /AYUSH wing
4.	Supply of Mechanized wheel chair and other devices	The Commissioner of Labour, Commissioner of Rehabilitation
5.	Psychological and emotional Support	Nodal Officer Mental Health Programme
6.	Prenatal Diagnosis and Molecular Diagnosis	Director of ICH, Director of IOG
7.	Social Security	The Director of Social Welfare Department /The Commissioner of Labour
8.	Setting up of patient friendly schools	Department of School Education / Project Director, Sarva Shiksha Abiyan
9.	Integrated treatment through AYUSH systems	Director of Indian Medicine

3. The main aim of the committee is to advise and to take necessary steps for supporting patients with Muscular Dystrophy.

4. In order to carry out the above, the Mission Director, State Health Society has requested to issue orders for constituting a committee for the welfare of the Muscular Dystrophy patients with the following members from various specialties as indicated below:-

- The Principal Secretary, Health & Family Welfare – Chairman.
- The Mission Director – NHM – Member Secretary.

State Level Officers:

- The Director of Public Health & Preventive Medicine.
- The Director of Medical & Rural Health Services.
- The Director of Medical Education.
- The State Drug Controller.
- The Director of Social Welfare Department.
- The Commissioner of Labour
- The Commissioner, Welfare of Differently Abled persons.
- The Director of School Education.

- (ix) The Director of Elementary Education.
  - (x) The Director of Indian Medicine and Homeopathy
  - (xi) The Project Director, Sarva Shiksha Abiyan, Chennai-6
- Institutions / Directors:

- (i) The Director, Government Institute of Rehabilitation Medicine, KK Nagar, Chennai.
- (ii) The Director, Institute of Child Health, Egmore, Chennai-8.
- (iii) The Professor and Director, Institute of Neurosurgery, Rajiv Gandhi Government General Hospital, Chennai-3.
- (iv) The Professor and Director, Institute of Internal Medicine - Rajiv Gandhi Government General Hospital, Chennai-3.
- (v) The Professor and Director, Institute of Neurology, Rajiv Gandhi Government General Hospital, Chennai-3.
- (vi) The Professor and Director, Institute of Orthopaedics - Rajiv Gandhi Government General Hospital, Chennai-3.
- (vii) State Nodal Officer, Mental Health Programme,
- (viii) The Director, Institute of Mental Health.
- (ix) The Director, Institute of Obstetrics & Gynecology, Egmore, Chennai- 8.

Experts:

- (i) The Expert Advisor, Maternal Health, National Health Mission .
- (ii) The Expert Advisor, Child Health, National Health Mission .
- (iii) Representative from Indian Association of Muscular Dystrophy,
- (iv) Hydrotherapist, Nominated by Mission Director, National Health Mission, Chennai.6
- (v) Psychologist – from Institute of Mental Health, Kilpauk, Chennai-10.
- (vi) Genetic Counsellor, Nominated by Mission Director, National Health Mission, Chennai.6
- (vii) Representative from Nutrition Department – from Institute of Child Health, Egmore, Chennai-8.

5. The Government after careful consideration have decided to accept the proposal of Mission Director, State Health Society and to constitute the Expert Committee for the welfare of the Muscular Dystrophy patients with the members from various specialties as per para 4 above with the roles and responsibilities indicated at para 2 above and issue orders accordingly.

**(BY ORDER OF THE GOVERNOR)**

**J.RADHAKRISHNAN  
PRINCIPAL SECRETARY TO GOVERNMENT**

**To**

The Mission Director, National Health Mission, Chennai - 6  
The Health and Family Welfare (Data Cell) Department, Chennai – 9  
SF/SC.

**//Forwarded by Order//**

  
**SECTION OFFICER**