



ABSTRACT

District Mental Health Programme - Defining Designation and fixing of Roles and Responsibilities of District Psychiatrist and Mental Health Programme Team – Orders – Issued.

HEALTH AND FAMILY WELFARE (EAPI-2) DEPARTMENT

G.O (Ms) No.427

Dated:23.12.2014
Thiruvalluvar Aandu – 2045
Jaya Margazhi – 8

Read:

From the Director of Medical and Rural Health Services, Letter No.4775/P&D II/2/2014, dated:30.06.2014.

ORDER:

The Director of Medical and Rural Health Services in his letter read above has reported that the District Mental Health Programme is a community based Mental Health Care Programme based on the guidelines of National Mental Health Programme fully funded by the Government of India with the objective of reaching the unreached. Presently, District Mental Health Programme is under implementation in 16 Districts in Tamil Nadu for which Government of India funds were received upto 2011-2012. The Districts where this Programme is under implementation is furnished below:-

DISTRICT MENTAL HEALTH PROGRAM TAMILNADU - CREATION OF DISTRICT MENTAL HEALTH PROGRAMME DETAILS			
District	Total No. of Districts	Implementation from	Government Order Number
(1) Tiruchirapalli	1	1997	G.O.MS.No 371 Health & Family Welfare Department dated: 29.7.1997
(2) Madurai and Ramnad	2	2001	G.O.MS.No . 210 Health & Family Welfare Department dated: 10.8.2001
(3) Theni and Kanyakumari,	2	2003-04	G.O.Ms.No. 369 Health & Family Welfare (EAP3) Department dated: 9.11.2004
(4) Dharmapuri, Erode and Nagapattinam	3	2004-05	G.O.Ms.No.164 Health & Family Welfare (EAP3) Department dated: 02.08.2005

(5) Tiruvallur, Kancheepuram, Chennai, Cuddalore, Tiruvarur, Namakkal, Perambalur and Virudhunagar	8	2007-08	G.O.Ms.No. 114 Health & Family Welfare (EAP1/2) Department dated: 31.3.2008
	16		

**BREAK UP DETAILS OF POSTS SANCTIONED FOR DISTRICT MENTAL HEALTH PROGRAMME
IN TAMIL NADU**

S.No	G.O. MS.No 371 Health & Family Welfare Department dated: 29.7.1997	G.O.MS.No . 210 Health & Family Welfare Department dated: 10.8.2001	G.O.Ms.No. 369 Health & Family Welfare (EAP3) Department dated: 9.11.2004	G.O.Ms.No.164 health & Family Welfare (EAP3) Department dated: 2.8.05	G.O.Ms.No. 114 Health & Family Welfare (EAP1/2) Department dated: 31.3.2008	APPROVED BY PIP 2013-14 - ***THROUGH NRHM (YET TO BE APPOINTED)
1	Psychiatric Specialist	Psychiatric Specialist	Psychiatric Specialist	Assistant Surgeon	Assistant Surgeon	Assistant Surgeon (One)
2	Clinical Psychologist	Clinical Psychologist	Clinical Psychologist	Clinical Psychologist	Clinical Psychologist	Clinical Psychologist (One)
3	Trained Social Worker	Trained Social Worker	Psychiatric Social Worker	Psychiatric (Trained) Social Worker	Psychiatric (Trained) Social Worker	Psychiatric Social Worker (One)
4	Psychiatric Nurse (Staff Nurse)	Psychiatric Nurse (Staff Nurse)	Psychiatric Nurse (Staff Nurse)	Nurse (Male)	Nurse (Male)	Nurse (Male/Female)
5	Statistician cum clerk	Statistician cum clerk	Record Assistant/ Junior Assistant	Record Assistant/Junior Asst.	Record Assistant/ Junior Asst.	Data Entry Operator cum Junior Assistant.
6	Male Nursing Attendant	Male Nursing Attendant	Nursing Orderly	Male nursing Assistant (Hospital Worker)	Male nursing Assistant (Hospital Worker)	Multiple Health Worker
7	Vehicle Driver	Vehicle Driver	NIL	NIL	NIL	NIL

***The following 9 districts were approved / included in the District Mental Health Programme in Project Implementation Programme 2013-14 proposals:-

1. Tiruppur 2. Villupuram 3. Pudukottai 4. Dindigul 5. Sivaganga 6. Tuticorin 7. Karur
8. Tiruvannamalai 9. Tirunelveli.

2. The Director of Medical and Rural Health Services has further reported that the above Government orders were obtained in different years and the Name of the posts approved for this programme is not one and the same, though the nature of work remains the same. Therefore, in order to streamline the District Mental Health Programme and to maintain a uniform pattern of District Mental Health Programme throughout the State, he has submitted proposal to issue necessary orders for specifying State Nodal Officer and the administrative setup under his control, issue of the general guidelines of District Mental Health Programme for effective implementation, designating District Psychiatrist for each district and defining roles and responsibilities of persons involved in implementation of District Mental Health Programme, such as State Nodal Officer, District Psychologist, Clinical Psychologist, Psychiatric Social Worker and Data Entry Operator / Computer Operator.

3. The Government after examination of the proposal of Director of Medical and Rural Health Services, hereby order that the functioning of District Mental Health Programme team shall be as follows:-

I. The State Nodal Officer Shall

The State Nodal Officer be the co-ordinating officer for the District Mental Health Programme in Tamil Nadu.

Each District shall have a District Mental Health Programme Team with the following staff:

- i. Assistant Surgeon – with MBBS, DPM Qualification or above (who will be named as District Psychiatrist)
- ii. Clinical Psychologist – M.Phil Clinical Psychologist/ M.Sc. Psychology with 6 months special training at identified institutions like National Institute of Mental Health and Neuro Sciences.
- iii. Psychiatric Social Worker - M.Phil. Social Work,/ M.A.Social work (Medical and Psychiatric)
- iv. Nurse (Male/Female)- Nursing qualification adopted in Government Medical Institutions with specialized training of six months in identified institutions preferably Psychiatric
- v. Data Entry Operator cum Junior Assistant – 12th + Basic computer knowledge (Diploma/MS Office)
- vi. Multiple Health Worker.

II. General Guidelines of the District Mental Health Programme Team in the district for effective implementation of District Mental Health Programme;

The general guidelines of the District Mental Health Programme Team in the district for effective implementation of District Mental Health Programme shall be as follows :-

- i. To render comprehensive mental Health Services in the District / Taluk / Primary Health Centre / Block level and integrate primary and secondary level with tertiary care.

- ii. To conduct / organise mental Health Camps, awareness programmes (Information Education and Communication) Training and Rehabilitation activities throughout the district.
- iii. The Joint Director and Deputy Director of Health Services shall be concerned with the District Mental Health Programme activities in co-ordination with State Nodal officer, District Mental Health Programme in the District level.
- iv. The District Mental Health Programme Team shall conduct the following camps in their districts:-
 - Fortnight visit to Central Prison/Sub jail of their respective district & Participate in the Rehabilitation camps organized by Department of Differently Able Weifare Office once in a week
 - Conducting Life Skills Education in Schools and Colleges at least once in a month.
 - Conducting special clinic on Suicide prevention, De-addiction, Geriatric Clinic, Child and Adolescent Clinic once in a week at the Head Quarters Hospital
 - Conducting Mobile Treatment Camp /Outreach Camps at Taluk / Primary Health Centre level on alternative days.
 - Conducting assessment camps/psychiatric outpatient services at all the Day Care Centres (MR /MI) and residential homes in the respective districts
- v. The District Mental Health Programme Team shall involve the reputed NGOs, who are closely associated with Mental Health Activities in their district to participate actively for the effective implementation of District Mental Health Programme.
- vi. The District Mental Health Programme Team shall function under the District Mental Health Society with the District Collector as the Chairman and address the issues / needs for the effective implementation of District Mental Health Programme.
- vii. The District Mental Health Programme Team and its activities shall not be confined to the Head Quarters Hospital alone rather it should cater to the needs of whole mental Health Community in the District.
- viii. The members of the District Mental Health Programme Team are fully exempted from local duties and responsibilities rather they should be engaged fulltime in District Mental Health Programme activities.

III. District Psychiatrist for each District.

In view of strengthening the District Mental Health Program, to preserve the spirit of Public Health Care approach to Mental Health Care similar to other National Programmes in the country one doctor working in District under the District Mental Health Programme shall be designated as District Psychiatrist with the following qualifications:

- i. He should possess D.P.M.(Diploma in Psychological Medicine) or above
- ii. He should have exclusive experience in Mental Health Program **

**In case of availability of MD (Psychiatry) or in absence of such a candidate with Diploma in Psychological Medicine Doctor available in each District, he shall be designated as District Psychiatrist.

**In case of more than one Doctors with Diploma in Psychological Medicine Qualification available in the District, a Doctor who is having more experience in this Mental Health field shall be posted for District Mental Health Programme of the District and he shall be designated as District Psychiatrist. However, this re-designation is applicable only for this Programme alone for fixing the responsibility for an individual for co-ordination of this programme at various levels.

IV. Roles and Responsibility of persons involved in implementing District Mental Health Programme

1. Roles and Responsibilities of The State Nodal Officer:

- The State Nodal Officer shall coordinate the District Mental Health Programmes of Tamil Nadu
 - Coordinating with the District Collectors and Joint Director of Health Services, Deputy Director of Public Health and Preventive Medicines, District Psychiatrists and other Mental Health Personnel.
 - Coordinating with three Directorates such as the Directorate of Medical and Rural Health Services, the Directorate of Medical Education and the Directorate of Public Health and Preventive Medicines.
 - Coordinating with the Government of Tamil Nadu and Government of India in all aspects for successful and smooth implementation of District Mental Health Programme in Tamil Nadu.
- Preparing the appropriate module for training the Medical Officers, Paramedicals and Non-medicals and other stakeholders on Mental Health, Suicide Prevention and School Mental Health.
- Training the Medical Officers of Primary Health Center and Taluk and District Head Quarter Hospitals of Tamil Nadu and Information Education and Communication activities for District Mental Health Programme.
- Conducting periodical review meeting on the performance of the District Mental Health Programme Team for its better implementation.

2. Roles and Responsibilities of District Psychiatrist

- To implement District Mental Health Programme activities with the District Mental Health Programme Team in co-ordination with Joint Director of Health Services of the District.
- To co-ordinate with State Nodal Officer of District Mental Health Programme and to submit monthly report of District Mental Health Programme activities to the Director of Medical and Rural Health Services.
- To co-ordinate with Medical College/Mental Health Institution for tertiary care services and provide community mental Health services in the District and training of Medical, Para-medical and Non-medical staff in mental health in the district.
- To attend the periodical review meeting of the Health Secretary / Director of Medical and Rural Health Services / State Nodal Officer/ National Rural Health Mission /District collector / Joint Director of Health Services and address the issues / needs to function the District Mental Health Programme activities effectively.
- To be co-ordinate with other sectors/projects/ officers in the District, to improve the Mental Health Services effectively.
- To organise the District Mental Health Society meeting in presence of District Collector.

3. Roles and Responsibilities of Clinical Psychologist

- To provide counselling services, Psychotherapy, Psychological assessments in all District Mental Health Programme camps/activities.
- To co-ordinate with State Nodal Officer to organise Information Education and Communication activities.
- To provide Life skills education/counselling in Schools/ Colleges/ Work place Stress Management/ Alcoholic/ Geriatric / Suicide prevention clinics.
- To maintain the individual performance register of various activities delivered by him / her which should be endorsed by the District Psychiatrist every month. The renewal of his / her posting is purely based on the satisfactory performance given by him / her performance which will be reviewed by State Nodal Officer and by Director of Medical and Rural Health Services at the time of the renewal of contract.

4. Roles and Responsibilities of Psychiatric Social Worker

- To act as co-ordinator of Awareness activities of District Mental Health Programme
- To co-ordinating with other departments Faith healers, Religious

leaders and Public to deliver the District Mental Health Programme activities effectively.

- To act as co-ordinator of community Based Rehabilitation.
- To organise welfare services for severely mentally ill persons
- To set up Self Help Groups for patients wherever required.
- To make Home visits to enhance the mental health services for severely mentally ill.
- To maintain the individual performance register of various activities delivered by him / her which should be endorsed by the District Psychiatrist every month. The renewal of his / her posting is purely based on the satisfactory performance given by him / her performance which will be reviewed by State Nodal Officer and by Director of Medical and Rural Health Services at the time of the renewal of contract.

5. Roles and Responsibilities of Nurse (Psychiatric)

- To co-ordinating the district level training of District Mental Health Programme.
- To co-ordinating the clinical services at the District/ Taluk / Primary Health Centre other camps.
- To participate in general health / screening camps.
- To maintain record of patients and keeping an inventory of drugs of the programme.

6. Roles and Responsibilities of Data Entry Operator/Computer Operator:

- To maintain all records of the District Mental Health Programme in the district.
- To report to the clinical team of District Mental Health Programme and maintain a database of records related to District Mental Health Programme.

(BY ORDER OF THE GOVERNOR)

J.RADHAKRISHNAN
SECRETARY TO GOVERNMENT

To
The Director Medical and Rural Health Services, Chennai-6.
The Director, Institute of Mental Health, Chennai-10.
The Director of Medical Education, Chennai-10.

The Chief Accounts Officer,
Chennai-35.

The Pay and Accounts Officer, (South) Chennai-35

The Treasury Officer, Trichy.

The Secretary, Government of India, Ministry of Health and Family Welfare, New
Delhi.

Copy to

The Finance (Health II) Department, Chennai-9.

The Commissioner, Government Data, Chennai-25.

Health and Family Welfare (Data Cell) Department, Chennai-9.

SF/SC

// FORWARDED BY ORDER //

Signature
26/12/14
SECTION OFFICER
26/12/14